



### Rest & relax zone

### Sauna & relax zone

Get spoiled in our sauna, which is available to all our guests free or charge.

### Private whirlpool

Enjoy private Spa! Treat yourself and have a wonderful relaxing experience in combination with one of the exclusive massages from L'OCCITANE.

Hot tub can be privately rented at 1.100 CZK per hour or with a bottle of Prosecco for a special price of 1.800 CZK per hour.



sauna & whirlpool





### Body massages & treatments

# Relaxing aromachologie massage

Swedish effleurage, Chinese acupressure and Balinese massage technique come together to stimulate circulation and ease tensions and relieve stress. The body and mind feel truly calm; sleep can come more easily. Ideal for persons with sleeping problems.

#### Starring:

### Aromachologie Relaxing massage oil

30 min. I 950 CZK (back massage)

60 min. | 1.650 CZK 90 min. | 2.350 CZK

### Deep tissue relief

This massage combines Lomi Lomi deep pressures, acupressure points and gentle stretching. It eases muscular tension, with a focus on the back, shoulders and neck area. As a result, the whole body feels refreshed and deeply rebalanced. Great way to quickly recover from jet-lag

#### Starring:

### Aromachologie Relaxing massage oil

60 min. | 1.950 CZK 90 min. | 2.550 CZK



# Almond slimming balance

Discover the secrets of our effective massage, which uses technology to support slimming and toning. The massage is of the entire body and focuses on problematic areas, helps in breaking away fat cells, rids the body of toxic substances and improves the overall skin condition. Ideal for shaping a perfect figure.

Starring:

Almond Milk concentrate and Supple Skin Oil

60 min. | 2.250 CZK

90 min. I 2.750 CZK (incl. paste scrub)

### Lavender Anti-stress massage

Fine Lavender from Haute-Provence and traditional massage techniques comfort the body and bring calm and tranquillity to the mind. You retrieve a pleasant state of peacefulness. Ideal to remove stress.

Starring:

Lavender Body and Massage Gel 60 min. I 1.750 CZK



# Lavender Anti-stress hot stone massage

Fine Lavender from Haute-Provence and traditional massage techniques comfort the body and bring calm and tranquillity to the mind. This treatment also includes hot stones. You retrieve a pleasant state of peacefulness. Ideal to remove stress.

#### Starring:

Lavender Body and Massage Gel

60 min. | 1.950 CZK 90 min. | 2.450 CZK

### Detoxification massage – herb pouches

The iconic fragrances of Provence have been captured in L'OCCITANE exclusive sets of herbal pouches. Massaged all over the body with soothing strokes, they infuse the relaxing and refreshing benefits of Lavender and Verbena, while stimulating circulation to boost metabolism. Gentle pressure relieves muscle tension and brings back inner warmth to the body. A unique sensation to retrieve inner peace and balance body energies. Ideal for people lacking sleep, to refresh mind and body.

Starring:

Verbena Body Lotion 60 min. | 1.950 CZK









## Blissful cocoon for mum-to-be

A relaxation massage for expecting mothers, which has beneficial effects on the stressed tummy skin, nourishes and protects, relieves back pain while having a harmonizing effect. Perfect as a prevention against stretch marks. Ideal for expectant mothers from the third month of pregnancy. A hypoallergenic composition.

#### Starring:

Shea Butter Ultra-rich Body Cream 60 min. | 2,150 CZK

### Shea ultra-softening hand care

Injust 25 minutes, hands are nourished, softened and protected. Simply more beautiful. Ideal combined with any treatment to combat the visible signs daily aggressions leave on hands.

#### Starring:

100% Pure Shea Butter & Shea Hand Cream

25 min. | 750 CZK

### Signature treatments

# Shea ultra-refresher for leg after ski / hiking

Leg Refresher starts with a full leg and feet exfoliation. Then leg massage will be followed, associating our specific revitalizing blend with mint, pine and rosemary essential oil with a personalized massage adapted to client's needs to re-activate micro circulation and help reduce excess fluid storage. To finish, feet will be massaged with Shea Foot Cream, formulated with 15% of nourishing and repairing Shea Butter. As a result, feet are left soft and smooth, and legs feel lighter and revitalized, ready for another day outdoor to enjoy the beautiful nature.

## Savoy signature nurturing couple treatment

A collection of our best massage sequences: Relaxing strokes and deep tissue pressures are combined with the nourishing, repairing and protecting properties of Shea Butter. Skin is left soft and deeply nourished. The whole body feels replenished! Ideal to get a first taste of the Spa by L'OCCITANE experience, or for those with a high-activity lifestyle.

Starring:

#### Shea Body Lotion

60 min. | 4.550 CZK (for 2 persons) 90 min. | 6.550 CZK (for 2 persons)

Starring:

Shea Foot Cream 45 min. | 1.250 CZK refresher leg massages massage for couple



### Body scrubs & wraps

# Almond firming paste scrub

This wonderful almond aroma treatment offers intense softening of the skin all over the body, after which it will make your skin soft, supple and free of dead cells. It is the ideal procedure before a full body massage, suitable for both men and women.

Starring:

### Delicious paste

45 min. | 1,450 CZK

## Shea ultra-moisturizing body wrap

The ideal repairing care for very dry, sun damaged or overworked skin. This formula has been developed exclusively for Spa L'OCCITANE. While the entire body soaks up active ingredients that nourish (Shea butter and grape seed oil), moistu rize (honey extracts) and soften (kaolin), a foot and scalp massage ensures a moment of pure relaxation.

Starring: Shea Ultra - moisturizing Body Cream

45 min. I 1.450 CZK







### Baths

### Revitalizing bath with citrus essential oils

This mix of essential oils from the Mediterranean area (bergamot, tangerine, sweet orange and mint) deliver a 100 % natural fragrance with revitalizing effects that promote blood circulation and energize the mind and body. This is a revitalizing bath.

60 min. | 1.450 CZK

### Lavender relaxing bath

Lavender, also known as "blue gold", is the aromatic symbol of Provence. This unmistakable scent is renowned for its soothing effects on the body and mind. Promotes blood circulation in the body and contributes to the quality of sleep. This is a calming bath.

60 min. I 1.450 CZK





# Facial treatments

# Shea nourishing comfort: discovery

L'OCCITANE's answer to anyone concerned with dehydration, lack of softness and overworked skin. Its repairing & hydrating properties will bring long-lasting comfort & nutrition. Treatment include also steam and extraction.

Starring:

Shea Light Comforting Cream and Oil

75 min. I 2.450 CZK

### Immortelle secret of youth

This facial effectively addresses the visible signs of aging: wrinkles, skin slackening and lack of smoothness. As a result, skin will feel smoother and firmer, visibly younger-looking.

Starring:

Immortelle Eye Balm & Cream Mask

60 min. | 2.150 CZK



### SAVOY SPA by L'OCCITANE

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