



SAVOY SPA
by L'OCCITANE



SAVOY SPA by L'OCCITANE

SAVOY SPA BY L'OCCITANE is inspired by the Mediterranean and its unique Art-de-Vivre. L'OCCITANE products use natural active ingredients of organic origin. Refreshing VERBENA, delicious ALMOND, LAVENDER with relaxing effects or nourishing BAMBOO butter and many others. Take time just for yourself and enjoy our exclusive treatments and massages, verified by many years of tradition.



GOOD TO KNOW FOR RESERVATION OF YOUR TREATMENT

We recommend to book your therapy in advance in order to guarantee your desired time. You will find a robe and slippers in your room. Should you not stay with us, your will get both on arrival in the Spa. We kindly ask to arrive 5 minutes before start of your therapy. We recommend also to warm up your body in the sauna before you start the treatment.

CANCELLATION POLICY

Your reservation can be canceled free of charge up to 6 hours before your agreed time. In case of later cancellation 100% of the total cost of the treatment will be charged.

Tel.: +420 483 731 111

E-mail: reception@savoy.cz

Rest & relax zone

Sauna & relax zone

Get spoiled in our finnish sauna, which is available to all our guests free or charge.

Hydromassage whirlpool just for you

Enjoy private Spa! Treat yourself and have a wonderful relaxing experience in combination with one of the exclusive massages from L'OCCITANE.

The hot tub can only be ordered privately. Before each use, it is always filled with fresh water and supplemented with fragrant essences.

Starring:

Water and fragrance essence

60 min. | 2.180 CZK

60 min. | 2.960 CZK with a bottle
of Prosecco





Massages

Relaxing aromachologie massage

Swedish effleurage, Chinese acupressure and Balinese massage technique come together to stimulate circulation and ease tensions and relieve stress. The body and mind feel truly calm, sleep can come more easily. Ideal for persons with sleeping problems.

Starring:

Aromachologie Relaxing massage oil

30 min. | 1.150 CZK (back massage)

60 min. | 1.950 CZK

90 min. | 2.750 CZK

Deep tissue relief

This massage combines Lomi Lomi deep pressures, acupressure points and gentle stretching. It eases muscular tension, with a focus on the back, shoulders and neck area. As a result, the whole body feels refreshed and deeply rebalanced. Great way to quickly recover from jet-lag.

Starring:

Aromachologie Relaxing massage oil

60 min. | 2.350 CZK

90 min. | 3.050 CZK





Massages

Almond slimming balance

Discover the secrets of our effective massage, which uses technology to support slimming and toning. The massage is of the entire body and focuses on problematic areas, helps in breaking away fat cells, rids the body of toxic substances and improves the overall skin condition. Ideal for shaping a perfect figure.

Starring:

**Almond Milk concentrate
and Supple Skin Oil**

60 min. | 2.650 CZK

90 min. | 2.950 CZK (incl. paste scrub)

Lavender Anti-stress massage

Fine Lavender from Haute-Provence and traditional massage techniques comfort the body and bring calm and tranquillity to the mind. You retrieve a pleasant state of peacefulness. Ideal to remove stress.

Starring:

Lavender Body and Massage Gel

60 min. | 2.050 CZK

Massages

Lavender Anti-stress hot stone massage

Fine Lavender from Haute-Provence and traditional massage techniques comfort the body and bring calm and tranquillity to the mind. This treatment also includes hot stones. You retrieve a pleasant state of peacefulness. Ideal to remove stress.

Starring:

Lavender Body and Massage Gel

60 min. | 2.350 CZK

90 min. | 2.750 CZK

Detoxification massage – herb pouches

The iconic fragrances of Provence have been captured in L'OCCITANE exclusive sets of herbal pouches. Massaged all over the body with soothing strokes, they infuse the relaxing and refreshing benefits of Lavender and Verbena, while stimulating circulation to boost metabolism. Gentle pressure relieves muscle tension and brings back inner warmth to the body. A unique sensation to retrieve inner peace and balance body energies. Ideal for people lacking sleep, to refresh mind and body.

Starring:

Verbena Body Lotion

60 min. | 2.350 CZK





Massages

Blissful cocoon for mum-to-be

A relaxation massage for expecting mothers, which has beneficial effects on the stressed tummy skin, nourishes and protects, relieves back pain while having a harmonizing effect. Perfect as a prevention against stretch marks. Ideal for expectant mothers from the third month of pregnancy. A hypoallergenic composition.

Starring:

Shea Butter Ultra-rich Body Cream
60 min. | 2.750 CZK

Shea Ultra – softening hand care

In just 25 minutes, hands are nourished, softened and protected. Simply more beautiful. Ideal combined with any treatment to combat the visible signs daily aggressions leave on hands.

Starring:

**100% Pure Shea Butter & Shea
Hand Cream**
25 min. | 900 CZK

Signature treatments

Shea Ultra – refresher for leg after ski / hiking

Leg Refresher starts with a full leg and feet exfoliation. Then leg massage will be followed, associating our specific revitalizing blend with mint, pine and rosemary essential oil with a personalized massage adapted to client's needs to re-activate micro circulation and help reduce excess fluid storage. To finish, feet will be massaged with Shea Foot Cream, formulated with 15% of nourishing and repairing Shea Butter. As a result, feet are left soft and smooth, and legs feel lighter and revitalized, ready for another day outdoor to enjoy the beautiful nature.

Starring:

Shea Foot Cream
45 min. | 1.450 CZK





Signature treatments

Savoy Signature nurturing couple treatment

A collection of our best massage sequences: Relaxing strokes and deep tissue pressures are combined with the nourishing, repairing and protecting properties of Shea Butter. Skin is left soft and deeply nourished. The whole body feels replenished! Ideal to get a first taste of the Spa by L'OCCITANE experience, or for those with a high-activity lifestyle.

At the end of this exclusive massage, everyone will receive a hand cream of their choice.

Starring:

Shea Butter

60 min. | 7.750 CZK (for 2 person)

90 min. | 9.890 CZK (for 2 person)



Body scrubs & wraps

Shea Ultra – moisturizing body wrap

The ideal repairing care for very dry, sun damaged or overworked skin. This formula has been developed exclusively for Spa L'OCCITANE. While the entire body soaks up active ingredients that nourish (Shea butter and grape seed oil), moisturize (honey extracts) and soften (kaolin), a foot and scalp massage ensures a moment of pure relaxation.

Starring:

Shea Ultra – moisturizing Body Cream

45 min. | 1.750 CZK

Almond firming paste scrub

This wonderful almond aroma treatment offers intense softening of the skin all over the body, after which it will make your skin soft, supple and free of dead cells. It is the ideal procedure before a full body massage, suitable for both men and women.

Starring:

Delicious paste

45 min. | 1.750 CZK



SAVOY SPA
by L'OCCITANE



Hotel Savoy | Harrachova 23 | Špindlerův Mlýn
reception@savoy.cz | +420 483 731 111

HOTEL  SAVOY
ŠPINDLERŮV MLÝN

www.savoy.cz | www.astenhoteles.com

ASTEN HOTELS
excellence and care